

September 2015 Senior Lunch Menu

Wednesday

10/07/15

Chicken Fried Steak
Mashed Potatoes & Gravy
Garden Salad

10/14/15

Baked Chicken
Dirty Rice
Steamed Broccoli

10/21/15

BBQ Sandwich
Baked Beans
Cole Slaw

10/28/15

Chicken & Dressing
Green Beans
Corn
Cranberry Sauce

Friday

10/02/15

Meat Loaf
Candied Yams
Fried Cabbage

10/09/15

Beans w/Sausage and Rice
Greens
Corn Bread

10/16/15

Fried Catfish
Mac & Cheese
Hush Puppies
Black Eyed Peas

10/23/15

Tamales
Beans A La Charro
Mexican Rice

10/30/15

Beef Stew
Garden Salad
Jalapeno Corn Bread

Each meal includes bread, dessert & Drink